



# 3<sup>rd</sup> INTERNATIONAL COSMETOLOGY AND COSMETIC GYNECOLOGY CONGRESS

09-12 **2019**  
OCTOBER

CVK PARK BOSPHORUS HOTEL  
ISTANBUL, TURKEY

**SCIENTIFIC  
PROGRAM**



Yüseliş Economic and Strategic  
Research Foundation

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**COURSE PROGRAM**  
09<sup>th</sup> OCTOBER 2019, WEDNESDAY

**ErYAG Laser Training for Cosmetology and Cosmetic Gynecology**

**Course Faculty** Prof. Adrian GASPAR

**09:00 - 09:30 Registration**

- 09:30 - 09:50 Basics of Laser  
09:50 - 10:10 Laser Tissue Interactions  
10:10 - 10:30 Anatomy of Skin and Skin Types  
10:30 - 10:45 Questions and Answers  
10:45 - 11:05 ☕ **Coffee Break**  
11:05 - 11:25 ErYAG Laser: Treatment of Genitourinary Syndrome  
11:25 - 11:45 ErYAG Laser: Urinary Stress Incontinance Treatment  
11:45 - 12:05 ErYAG Laser: Tretment of Pelvic Prolapse  
12:05 - 12:25 ErYAG Laser: Vaginal Tightening  
12:25 - 12:40 Questions and Answers  
12:40 - 14:00 🍴 **Lunch Break**  
14:00 - 14:20 ErYAG Laser: Treatment of Lichen Sclerosiis  
14:20 - 14:40 ErYAG Laser: Vulvar Bleaching  
14:40 - 15:00 ErYAG Laser: Hair Removal  
15:00 - 15:20 ErYAG Laser: 4D Smoothliftin Treatment  
15:20 - 15:35 Questions and Answers  
15:35 - 15:55 ☕ **Coffee Break**  
15:55 - 16:15 ErYAG Laser: Skin Tightening and Scar Treatments  
16:15 - 16:35 ErYAG Laser: External Labia Rejuvenation  
16:35 - 16:55 ErYAG Laser: Thight Sclupting  
16:55 - 17:05 Questions and Answers  
17:05 - 17:45 Product Demosntrations / Hands on Training






**COURSE PROGRAM**  
09<sup>th</sup> OCTOBER 2019, WEDNESDAY

**CO2 Laser Training for Cosmetology and Cosmetic Gynecology**

**Course Faculty**     **Prof. Stefano Salvatore**

**09:00 - 09:30 Registration**

- 09:30 - 09:50 Basics of Laser  
09:50 - 10:10 Laser Tissue Interactions  
10:10 - 10:30 Anatomy of Skin and Skin Types  
10:30 - 10:45 Questions and Answers  
10:45 - 11:05  **Coffee Break**  
11:05 - 11:25 Co2 Laser: Treatment of Genitourinary Syndrome  
11:25 - 11:45 CO2 Laser: Urinary Stress Incontinence Treatment  
11:45 - 12:05 CO2 Laser: Treatment of Stretch Marks  
12:05 - 12:25 CO2 Laser: Vaginal Tightening  
12:25 - 12:40 Questions and Answers  
12:40 - 14:00  **Lunch Break**  
14:00 - 14:20 CO2 Laser: Treatment of Lichen Sclerosis  
14:20 - 14:40 CO2 Laser: Vulvar Bleaching  
14:40 - 15:00 CO2 Laser: Hair Removal  
15:00 - 15:20 CO2 Laser: Treatment of Varicose Veins  
15:20 - 15:35 Questions and Answers  
15:35 - 15:55  **Coffee Break**  
15:55 - 16:15 CO2 Laser: Scar treatments  
16:15 - 16:45 Questions and Answers



**COURSE PROGRAM**  
09<sup>th</sup> OCTOBER 2019, WEDNESDAY

**Anti Aging and Regenerative Medicine Training**

**Course Faculty** Prof. Ayman El Attar, Prof. Ferit Saraçoğlu  
Dr. Amr Seifeldin, Dr. Gul Ahmed Zikria

**09:00 - 09:30 Registration**

09:30 - 11:00 Basics of Aging and Antiaging Medicines

**Prof. Ayman El Attar**

11:00 - 11:15 Questions and Answers

11:15 - 11:30 ☕ **Coffee Break**

11:30 - 13:00 Botox Treatments

**Prof. Ferit SARAÇOĞLU**

13:00 - 13:15 Questions and Answers

13:15 - 14:15 🍽️ **Lunch Break**

14:15 - 14:35 Pelvic Botox Treatment

**Dr. Amr Seifeldin**

14:35 - 14:45 Questions and Answers

14:45 - 15:45 Threadlift Training

**Dr. Gul Ahmed Zikria**

15:45 - 15:55 Questions and Answers

15:55 - 16:15 ☕ **Coffee Break**

16:15 - 17:45 Dermal Fillers

**Prof. Ferit SARAÇOĞLU**

17:45 - 18:00 Questions and Answers

18:00 - 19:30 PRP Treatments

**Prof. Ayman El Attar**

19:30 - 19:45 Questions and Answers



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**OPENING OPENING CEREMONY**

08:30-09:00 Opening Speeches  
**Prof. Ferit Saraçoğlu**, YİSAV, Turkey

**SESSION 1 COSMETIC GYNECOLOGY**

Chairs **Dr. Amr Seifeldin**, Egypt, **Dr. Gul Ahmet Zikria**, USA  
09:00 - 09:20 Surgical Anatomy for the Cosmetic Gynecology  
**Prof. Mickey Karram**, University of Cincinnati, Ohio, USA  
09:20 - 09:40 Aesthetic Reconstruction of Vulva  
**Dr. Matt Stefanelli**, Plastic & Reconstructive Surgery, Invivox, France  
09:40 - 10:00 Childbirth Trauma  
**Prof. Stergios Doumouchtsis**, St George's University Hospitals, UK  
10:00 - 10:20 Training and Ethics for Cosmetic Surgery  
**Prof. Stefano Salvatore**, Vita-Salute San Raffaele University, Italy  
10:20 - 10:30 Discussion  
10:30 - 10:50  **Coffee Break**

**SESSION 2 LABIA MINORAPLASTY**

Chairs **Prof. Adrian Gaspar**, Argentina, **Dr. Rafal Kuzlik**, Poland  
10:50 - 11:10 Labiaplasty Techniques  
**Prof. Ferit Saraçoğlu**, YİSAV, Turkey  
11:10 - 11:30 Fat Grafting , PRP and Fillers in Vulvovaginal Area  
**Dr. Matt Stefanelli**, Plastic & Reconstructive Surgery, Invivox, France  
11:30 - 11:50 Labiaplasty in Adolescents; When? Why? and How?  
**Dr. Maryory Gomez Cardenas**, Dr. Rafael Guerra Méndez Clinic, Venezuela  
11:50 - 12:10 Female Genital Mutilation Reconstruction  
**Dr. Amr Seifeldin**, Urogynecologist & Cosmetic Gynaecologist, Egypt  
12:10 - 12:20 Discussion  
12:20 - 13:20  **Lunch Break**



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SESSION 3 LABIA MAJORAPLASTY

- Chairs **Dr. Matt Stefanelli**, France, **Dr. Dawid Serafin**, Poland
- 13:20 - 13:40 Comparison Of Hyaluronic Acid Injection And Local Estrogen Treatment For Vulvovaginal Atrophy In Postmenopausal Women  
**Dr. Zaneta Kasilovskiene**, Medical Center Maxmeda  
**Dr. Patricija Kasilovska**, Vilnius, Lithuania
- 13:40 - 14:00 Fillers in Labia Majora Augmentation  
**Dr. Rashad Haddad**, Obstetrics Aesthetic Gynecology, Dubai
- 14:00 - 14:20 Fat Grafting to Labia Majora  
**Dr. Ayman El Attar**, President of American Aesthetic Association, USA
- 14:20 - 14:40 Vulvar Rejuvenation with Threads and Nanofat  
**Prof. Adrian Gaspar**, Mendoza, Argentina
- 14:40 - 14:50 Discussion
- 14:50 - 15:10  **Coffee Break**

SESSION 4 PELVIC PROLAPSUS AND STRESS URINARY INCONTINENCE

- Chairs **Prof. Stefano Salvatore**, Italy, **Prof. Ferit Saracoglu**, Turkey
- 15:10 - 15:30 ErYAG Laser Treatment for Vaginal Tightening and SUI  
**Prof. Adrian Gaspar**, Mendoza University, Argentina
- 15:30 - 15:50 CO2 Laser Treatment for Vaginal Tightening and SUI  
**Prof. Stefano Salvatore**, Vita-Salute San Raffaele University, Italy
- 15:50 - 16:10 RF Treatment for Vaginal Tightening and SUI  
**Dr. Ayman El Attar**, President of American Aesthetic Association, USA
- 16:10 - 16:30 HiFU Ultrasound Treatment for Vaginal Tightening and SUI  
**Prof. Ferit Saraçoğlu**, YISAV, Turkey
- 16:30 - 16:50 Recent Trends in SUI Treatment  
**Prof. Dudley Robinson**, King's College Hospital, UK
- 16:50 - 17:10 Energy Based Devices : Evidence Based or Evidence Biased  
**Dr. Mustafa Aldam**, Dubai
- 17:10 - 17:20 Discussion



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SESSION 5 COSMODERMATOLOGY

- Chairs **Dr. Nezhir Durmazlar**, Turkey, **Dr. Gul Ahmed Zikria**, ABD
- 17:20 - 17:40 Anti Aging Mechanism of Stem Cells and Stem Cell Use in Body Shaping  
**Dr. Jaegu Kang**, Yumastem Hospital, South Korea
- 17:40 - 18:00 Prevention and the Current Treatment of Melasma  
**Dr. Gül Yıldırım**, Cosmetic Dermatologist, Turkey
- 18:00 - 18:20 Prevention and Current Treatment of Stretch Marks  
**Dr. Sadiye Kuş**, Cosmetic Dermatologist, Turkey
- 18:20 - 18:40 Vulvar Itching and the Current Treatments  
**Dr. Şükran Sargül Güdük**, Gedik University, Turkey
- 18:40 - 19:00 Prevention and the Current Treatment of Cellulitis  
**Dr. Ömür Tekeli**, Cosmetic Dermatologist, Turkey
- 19:00 - 19:10 Discussion





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SESSION 6 NONSURGICAL GENITAL ENHANCEMENT

- Chairs **Prof. Stergios Doumouchtsis**, UK, **Dr. Ayman El Attar**, USA
- 09:00 - 09:20 Surgical Techniques for Vaginoplasty  
**Prof. Dudley Robinson**, King's College Hospital, UK
- 09:20 - 09:40 Magnetic Resonance Chair for the treatment of SUI  
**Dr. Rafal Kuzlik**, SaskaMed Clinic, Poland
- 09:40 - 10:00 Platelet Rich Plasma as a Minimally Invasive Approach for the treatment of Uterine Prolapse and SUI  
**Prof. Stergios Doumouchtsis**, St George's University Hospitals, UK
- 10:00 - 10:20 Cosmetic Gynecology; Trend or Need After Vaginal Delivery?  
**Dr. Nikos Naoum**, Gynecologic Surgeon, Greece
- 10:20 - 10:30 Discussion
- 10:30 - 10:50  **Coffee Break**

SESSION 7 NEOVAGINA

- Chairs **Dr. Ahmed Al-Badr**, Saudi Arabia, **Dr. Amr Seifeldin**, Egypt
- 10:50 - 11:10 Transgender Surgery  
**Dr. Marta Bizic**, Tirsova University Children's Hospital, Serbia
- 11:10 - 11:30 Vaginal Reconstruction : Is there a role of vaginal mesh?  
**Prof. Dudley Robinson**, King's College Hospital, UK
- 11:30 - 11:50 Sigmoid Colon Vaginoplasty  
**Dr. Marta Bizic**, Tirsova University Children's Hospital, Serbia
- 11:50 - 12:10 Vaginoplasty Using Amniotic Membrane Graft  
**Dr. Amr Seifeldin**, Urogynecologist & Cosmetic Gynaecologist, Egypt
- 12:10 - 12:20 Discussion
- 12:20 - 13:20  **Lunch Break**



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SESSION 8 BREAST & VULVA

- Chairs **Dr. Rashad Haddad**, Dubai, **Dr. Marta Bizic**, Serbia
- 13:20 - 13:40 Breast Enhancement and Reduction Surgery  
**Dr. Firas Hamdan**, CSC Clinic, Lebanon
- 13:40 - 14:00 Vampire Breast Lift  
**Dr. Sherif Wakil**, DrSW Clinics and Royale Skin Clinics, UK
- 14:00 - 14:20 Breast Enhancement by Autologous Fat Transfer  
**Dr. Firas Hamdan**, CSC Clinic, Lebanon
- 14:20 - 14:40 Vaginismus Treatment with Botulinum Toxin  
**Dr. Amr Seifeldin**, Egypt
- 14:40 - 14:50 Discussion
- 14:50 - 15:10  **Coffee Break**

SESSION 9 ABDOMINOPLASTY AND LIPOSUCTION

- Chairs **Dr. Ayman El Attar**, USA, **Dr. Gul Ahmed Zikria**, USA
- 15:10 - 15:50 Tumes in Office Power Assisted Laser Liposuction  
**Dr. Ayman El Attar**, President of American Aesthetic Association, USA
- 15:50 - 16:10 Abdominoplasty  
**Dr. Gul Ahmed Zikria**, Ob & Gyn, USA
- 16:10 - 16:30 Mommy Makeover  
**Dr. Firas Hamdan**, CSC Clinic, Lebanon
- 16:30 - 16:50 Non Invasive Mommy Makeover  
**Dr. Maria Fernanda Lucas Girigliano**, Ob& Gyn, Colombia
- 16:50 - 17:00 Discussion

SESSION 10 ORAL PRESENTATIONS

17:00 - 17:30




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SESSION 11 MONS PUBIS AND CLITORIS


- Chairs **Dr. Mustafa Aldam**, Dubai, **Dr. Sherif Wakil**, UK
- 17:30 - 17:50 Clitoral Hood Reduction  
**Dr. Rafal Kuzlik**, SaskaMed Clinic, Poland
- 17:50 - 18:10 Clitoral Reduction Surgery  
**Prof. Ferit Saraçoğlu**, YİSAV, Turkey
- 18:10 - 18:30 Labiaplasty & Clitoral Hood Reduction Recent Review  
**Dr. Dawid Serafin**, Serafin Clinic, Poland
- 18:30 - 18:50 Scientific Views on Vaginal Laxity Syndrome  
**Dr. Ahmet Al-Badr**, King Fahad Medical City, Saudi Arabia
- 18:50 - 19:00 Discussion



SESSION 12 COSMETIC SURGERY

- Chairs **Prof. Mickey Karram**, USA, **Dr. Maryory Gomez Cardenas**, Venezuela
- 09:00 - 09:20 Genitourinary Syndrome of the Menopause  
**Prof. Linda Cardozo**, King's College Hospital, UK
- 09:20 - 09:40 Microablative Fractional CO2 Laser for the Genitourinary Syndrome of Menopause  
**Prof. Stefano Salvatore**, Vita-Salute San Raffaele University, Italy
- 09:40 - 10:00 Genital Bleaching  
**Dr. Ayman El Attar**, President of American Aesthetic Association, USA
- 10:00 - 10:10 Discussion
- 10:10 - 10:30  **Coffee Break**

SESSION 13 FEMALE SEXUAL HEALTH AND LAZERS IN PELVIC FLOOR DYSFUNCTION

- Chairs **Prof. Linda Cardozo**, UK, **Prof. Dudley Robinson**, UK
- 10:30 - 10:50 PRP in Male & Female Sexual Enhancement  
**Dr. Sherif Wakil**, DrSW Clinics and Royale Skin Clinics, UK
- 10:50 - 11:10 Role of G Spot Injections in Sexual Enhancement  
**Dr. Rashad Haddad**, Obstetrics Aesthetic Gynecology, Dubai
- 11:10 - 11:30 Laser in Pelvic Floor Dysfunctions: Is there evidence ?  
**Prof. Mickey Karram**, University of Cincinnati, USA
- 11:30 - 11:50 A Systematic Review on Vaginal Laser Therapy for Treating Stress Urinary Incontinence: Do We Have Enough Evidence?  
**Prof. Stergios Doumouchtsis**, St George's University Hospitals, UK
- 11:50 - 12:00 Discussion
- 12:00 - 13:00  **Lunch Break**



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SESSION 14 VAGINOPLASTY

- Chairs **Prof. Mickey Karram, USA, Dr. Firas Hamdan, Lebanon**
- 13:00 - 13:20 Vaginal Laser Treatment, What We Don't Know  
**Dr. Ahmed Al-Badr**, King Fahad Medical City, Saudi Arabia
- 13:20 - 13:40 Combined Labiaplasty and Vaginoplasty  
**Dr. Dawid Serafin**, Serafin Clinic, Poland
- 13:40 - 14:00 Psychosexual outcome after labiaplasty  
**Prof. Linda Cardozo**, King's College Hospital, UK
- 14:00 - 14:10 Discussion
- 14:10 - 14:30  **Coffee Break**

SESSION 15 FACE & NECK COSMETICS

- Chairs **Dr. Şerafettin Saraçoğlu**, Turkey, **Dr. Rashad Haddad**, Dubai
- 14:30 - 14:50 PRP Vampire Face Lift  
**Dr. Sherif Wakil**, DrSW Clinics and Royale Skin Clinics, UK
- 14:50 - 15:10 Botulinum Toxin Injection for Face & Neck  
**Dr. Ayman El Attar**, President of American Aesthetic Association, USA
- 15:10 - 15:30 Dermal Fillers Injection to Face & Lips  
**Prof. Ferit Saraçoğlu**, YİSAV, Turkey
- 15:30 - 15:50 Complication of Dermal Filler  
**Dr. Gul Ahmed Zikria**, Ob & Gyn, USA
- 15:50 - 16:00 Discussion



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SESSION 16 ORAL PRESENTATIONS

16:00 -17:00

SESSION 17 OTHER

- Chairs **Prof. Stefano Salvatore**, Italy, **Dr. Şükran Sargül Güdük**, Turkey
- 17:00 - 17:20 Posterior Colpoperineorrhaphy: a Video Presentation  
**Prof. Linda Cardozo**, King's College Hospital, UK
- 17:20 - 17:40 Guidelines for the standartization of Genital Photography  
**Dr. Nezih Durmazlar**, Cosmetic Gynecology, Ankara, Turkey
- 17:40 - 18:00 Scar Prevention and Treatments  
**Dr. Şerafettin Saraçoğlu**, Cosmetic Dermatologist, Turkey
- 18:00 - 18:20 Cellulite Treatment in The Gynecologist's Office  
**Dr. Maria Fernanda Lucas Girigliano**, Ob& Gyn,Colombia
- 18:20 - 18:30 Discussion
- 18:30 **Closing Ceremony**



