

# LA&HA Institute

**Dedicated to Research & Education  
on the Medical Power of Light**

- Aesthetics & Dermatology
- Surgery
- Gynecology
- Dentistry

## **NIGHTLASE<sup>®</sup> – SNORING AND APNEA WORKSHOP**

**Location:**

LA&HA Institute  
Stegne 7  
1000 Ljubljana  
Slovenia

**Date:**

October 7<sup>th</sup>, 2022  
14-18h

## Overview

This workshop covers the use of Fotona's laser systems for performing the NightLase® procedure. Through demonstrations and hands-on opportunities led by experts in their fields, participants will gain in-depth knowledge on how to treat patients with snoring or sleep apnea problems. The Fotona NightLase® treatment is a non-invasive procedure, completely different from previously known treatment options. It is the aim that participants gain a full understanding of the complete procedures and receive the most current best practice guidelines. This includes covering risk assessment, control, and post-operative patient guidelines. The practical and clinical advantages of lasers and laser-assisted treatments, and the effects of treatment parameter settings and variations thereof, will be explained in detail and discussed by an experienced laser practitioner based on real case materials. Selected treatment procedures will be demonstrated on patients and volunteers.

## Objectives

- Learn about the history and research behind the procedure
- Understand the effects of different parameter settings and how to identify the ideal settings for specific conditions and applications
- Learn how to gain the maximum benefit for your practice with Fotona laser systems
- Learn tips and tricks from laser experts and peers.

## Preliminary Schedule

<b>Lecturers:</b> LA&HA Institute, Dr. David Dovšak, LA&HA Expert Lecturer	
<b>Location:</b> LA&HA Institute, Stegne 7, 1000 Ljubljana	
14.00 – 14.15	Welcome Address / General Workshop Information
14.15 – 15.00	Laser-Tissue Interaction & Technology Špela Levičnik Höfferle, PhD, Fotona d.o.o.
15.00 – 16.30	NightLase® Snoring & Apnea Treatment – protocol, case selection, integration, assessment, latest research Dr. David Dovšak, Oral & Maxillofacial Surgeon
16.30 – 16.45	Coffee Break & Snacks
17.00 – 18.00	Hands-on & Live Patient Treatment Dr. David Dovšak, Oral & Maxillofacial Surgeon
18.00 – 18.15	Discussion & Farewell

## Lecturer

### David Dovšak, M.D., Specialist Surgeon



Dr. David Dovsak is a graduate of the Faculty of Medicine in Ljubljana, Slovenia. He subsequently became a resident at the Ljubljana University Medical Center's Department of Oral and Maxillofacial Surgery. In 2001 he concluded his residency to become a Specialist Maxillofacial Surgeon; he also became head of the Oncology Division at the Department of Oral and Maxillofacial Surgery. As a member of several domestic and international professional organizations, Dr. Dovsak is a noted lecturer and author on topics related to the latest advances in laser and maxillofacial surgery. His main scope of interest lies in oral and oropharyngeal tumors, and reconstructive surgery of the head and neck.

## Fees and Conditions

### Half-Day NightLase® - Snoring and Apnea Workshop

500 EUR (+ 22% VAT)

To maintain the educational quality of the workshop, the number of participants is limited. Registrations are accepted on a first-come, first-served basis.

Confirmation of your registration and participation will be sent to you no later than 2 weeks before the start of each workshop. Please arrange flight and hotel bookings ONLY after receipt of confirmation. Check other travel requirements, in particular visa requirements, well in advance of your travel to Slovenia. Fotona cannot be held liable for any cancellation fees for travel arrangements.

Cancellation Policy: 50% of registration fees will be charged if cancellation takes place up to 14 days before the start of the workshop. 100% of your total amount will be charged if you notify us about your cancellation less than 14 days before the start of the workshop.

Notice of cancellation must be made in writing (email) to Fotona. The date of receipt (email) will serve as the basis for refunds.

## Contact Information

### Workshop coordinator

Špela Breznik

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t: +386 1 5009 204

### Fotona headquarters

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t: +386 1 5009 100

## Places to stay

Ljubljana has a wide range of accommodation offerings to suite everybody's taste, needs and budget. The following hotels are particularly popular with our workshop participants and are recommended by us. A wider offering of accommodation can be found on [www.visitljubljana.si](http://www.visitljubljana.si).



Pleasant and modern hotel just minutes' walk from the city center

Since 1964 **Fotona** has been a pioneering, laser technology company. Our laser systems are the result of over 55 years of experience and of our know-how and expertise in the fields of medicine, communications, industry and defense. When you choose Fotona, you choose the highest performance, best-made laser systems in the world.

**Ljubljana** is considered a city which suits everyone from its inhabitants to its numerous visitors. It maintains the friendliness of a small town and at the same time possesses all the characteristics of a metropolis.

Due to its geographical position, Ljubljana also represents an ideal starting point to discover the amazingly diverse features and beauty of Slovenia.

[www.ljubljana-tourism.si](http://www.ljubljana-tourism.si)

**Slovenia** lies at the heart of Europe, where the Alps and the Mediterranean meet the Pannonian plains and the mysterious Karst.

As a small, beautiful and picturesque country, Slovenia makes a great tourist destination.

[www.slovenia.info](http://www.slovenia.info)



The Union Hotels Collection features [five hotels](#) with different concepts, all on a top [location](#) in the city center of Ljubljana, Slovenia.

